NEW YORK STATE – ADIRONDACKS (LAKE PLACID, LOST LAKE)

Spanning more than six million acres, the Adirondack Mountains Region in upstate New York is the largest park in the contiguous United States. You can explore more than 100 towns and villages, each offering their own off-the-beaten path treasures — from gastro-pubs and Olympic sports, to centuries-old winter carnival celebrations, and boutique shops selling hand-crafted Adirondack furniture and goods. The Adirondacks are a top destination for camping and hiking in New York and a wilderness destination that everyone can access and enjoy. Lake Placid, a busy resort town in the center of the Adirondacks, has hosted the Winter Olympics twice — in 1932 and 1980.

WEATHER

Lake Placid Climate Graph - New York Climate Chart

CITIES/AIRPORTS

Albany – 2 hours
New York City – 5 hours

COMMUNITY GROUPS/RESOURCES

Church Groups and Employer will assist with resources

PROS & CONS

PRO: Second jobs are easy to find, lots of outdoor activities, and lots of J.1 students in the area

CON: Adirondacks are extremely remote and housing is difficult to find if not provided by employer. Transportation is bus and limited taxi service.
CULTURAL EVENTS OPPORTUNITIES
NYC, Niagara Falls, Lake Placid

THINGS TO DO
- Olympic Ski Jumping complex
- Winter Olympic museum
- Whiteface mountain
- Camping
- Hiking the Appalachian trail

HOT TIPS
Lake Placid is a J-1 hub with plenty of American cultural opportunity. Housing is affordable but can be difficult to find if not provided.

MAP OF THE AREA

http://www.nationsonline.org/oneworld/map/USA/new_york_map.htm