

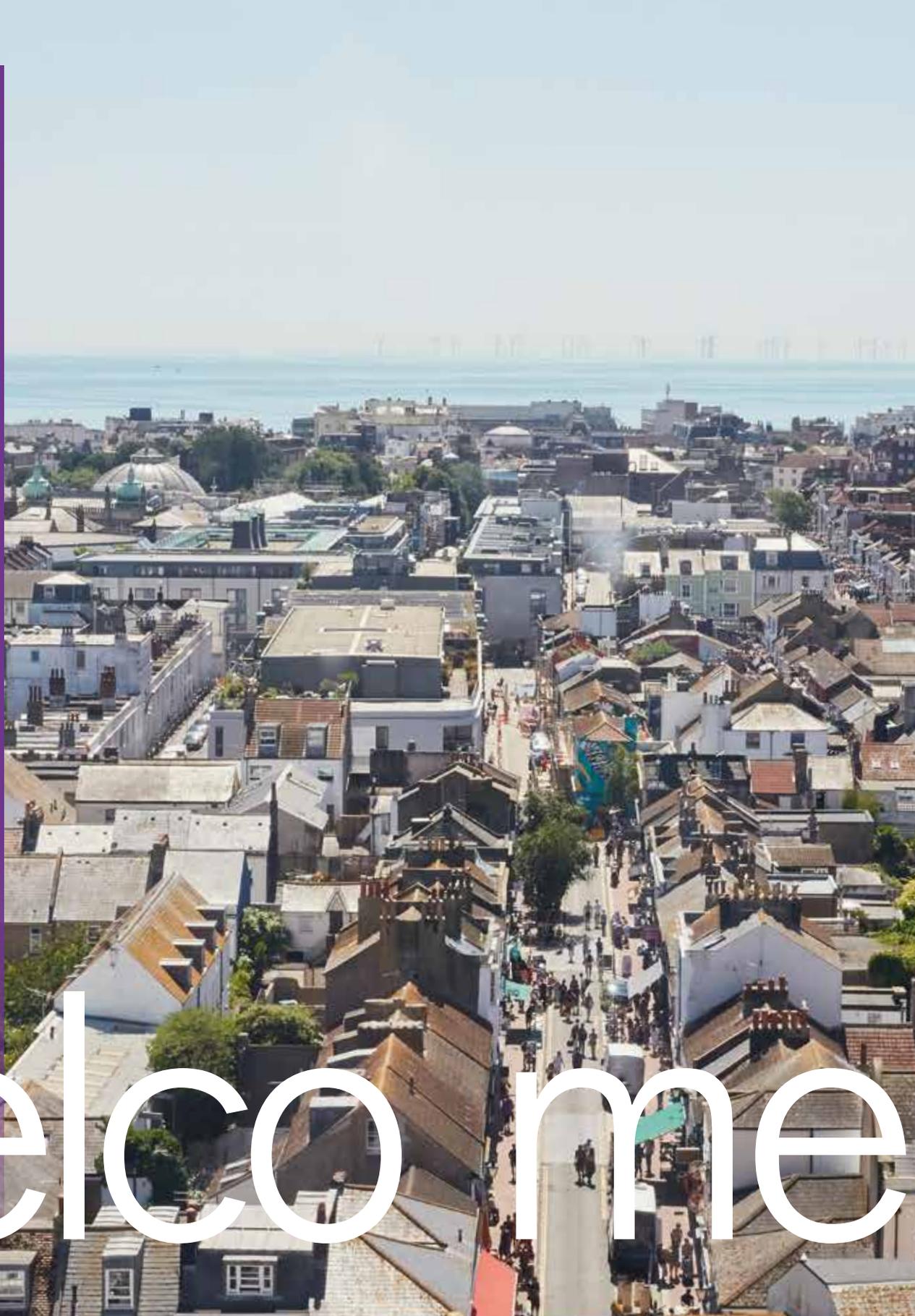
Greater Brighton
Metropolitan
College

MET

International
course guide

gbmc.ac.uk

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Welcome



Greater Brighton Metropolitan College (the MET) has a long tradition of welcoming international students from around the world. The friendly and professional International team, based at our Central Brighton Campus, oversee all aspects of welfare and academic development across five sites in Brighton, Shoreham and Worthing. Our Central Campus is located in Brighton's North Laine area in the heart of Brighton.

One of the best aspects about studying with us is that you are immersed in an established British college with 150 years of heritage, history and experience. On our Academic, Vocational and Plus programmes you will be in class with UK students.

We offer high quality teaching, modern classrooms and exceptional facilities including IT suites, Learning Resource Centres, studios and a theatre.

We look forward to welcoming you to the MET.

Kevin Brady
International Manager



About us

Greater Brighton Metropolitan College, the MET, draws on 150 years of heritage, history and experience. Our sites in Brighton and Worthing on the south coast of England are fantastic places to study and live. We have a long tradition of welcoming international students and provide a friendly and supportive college environment.

English language and English PLUS

Brighton MET offers British Council accredited General English courses as well as IELTS examination preparation. We also offer English Plus courses which combine English with a variety of subjects and allow students to study their subject choices with British, as well as international students. All of our English, IELTS and English Plus courses take place in our centre in the heart of Brighton.

Academic and vocational

A study programme at the MET is an excellent choice if you want to progress into university or learn a vocational skill. Students can choose from a wide selection of academic and vocational programmes to develop future careers.

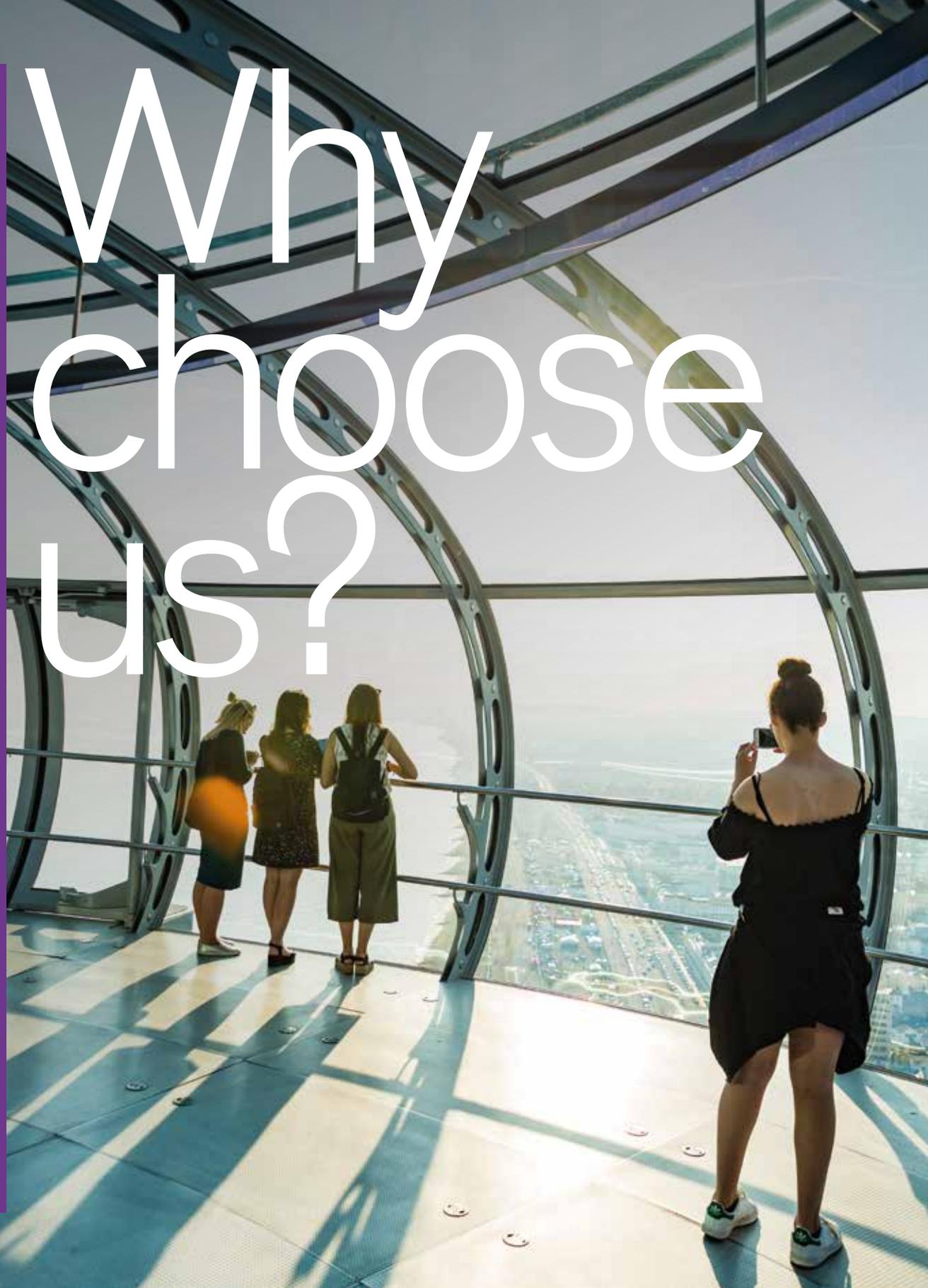
We also offer a study support programme for students on academic and vocational courses. The programme includes five hours of dedicated academic English and study skills in multi-national classes.

Personalised group courses

Personalised courses for groups of students, employees and trainees. Our groups come from colleges, universities, companies and international organisations. Courses are carefully designed to meet your exact needs and can combine the following:

1. Professional study (e.g. business, tourism)
2. English language
3. Work placement opportunities.

Why choose us?



A British college with international students from around the world

Quality

British Council accredited for the teaching of English, inspected by Ofsted and members of English UK.

Trusted

UK Visas and Immigration (UKVI) approved Tier 4 Sponsor.

Experienced

Over 150 years' experience and a long history of welcoming international students.

Support

A dedicated accommodation and support team for international students.

Welfare

A thorough commitment to safeguarding and to the care of students under 18.

Expert

Teachers and lecturers who are committed to helping you to achieve your goals.

Modern

Excellent facilities, including studios, libraries, computer centres, cafeterias and a free gym.

Choice

A wide and flexible range of courses from General English through to university level.

Sociable

Regular social events to promote student interaction and language practice.

Community

A unique learning environment where you become part of the wider college and study alongside UK students.

Our locations



The MET's main campus is located in the heart of one of Europe's most vibrant cities. With a population of around 275,000, this city is famous for its elegant historical architecture, diverse and exciting nightlife and varied arts and cultural scene.

Brighton is located on the south coast of England, less than an hour from London and within easy reach of major airports. It is a student-friendly city with a unique mixture of beach, city and countryside. Getting around is stress-free on the city's excellent bus network, by bicycle or on foot. Cosmopolitan, colourful and creative – Brighton offers something for everyone.

"It was a great experience to learn English in a UK college, to study alongside other international students but also surrounded by British people. It really is a remarkable advantage."

Alvaro Cuesta, Colombia

Our campus

Brighton

The MET has two main campuses on the outskirts of Worthing, a charming seaside resort on the south coast of England, 20km west of Brighton. With a population of around 100,000, Worthing is the largest town in West Sussex.

Worthing is well known for its theatre scene, and home to some of the best live theatre, comedy, and music on the South Coast. The beaches offer many opportunities for water sports including windsurfing, kite-surfing and jet-skiing.

Our campuses

Worthing

"My tutors here have all been really supportive and I hope to come back to complete a higher course next year."

Undeok Lee, South Korea

The MET's third campus is located at Shoreham Airport, also known as Brighton City Airport. The airport is mainly used for small private aircraft and for flying instruction.

Founded in 1910, it is the oldest airport in the UK and the oldest purpose-built commercial airport in the world. Its 1930s art deco terminal building is a slice of engineering history and well worth a visit.

Our campus

Shoreham

New for
September 2018
English Plus
programmes

English language

“The course was great!
Every day at the college
was useful, interesting and
helped me to improve my
cultural knowledge and
English skills.”

Elena Saccon, Italy

English language and English Plus courses

Our year-round courses and multi-national classes will help you to improve your English language skills specific to your particular level or need.

We provide a range of English language, English Plus and IELTS courses for students aiming to progress on to academic study or work.

For English Plus courses, choose your English option first and combine with your choice from our selection of Plus courses.

English language

General English

15 or 20 hours

IELTS exam preparation



Plus options

Business and Management - ILM
Certificate in Principles of Leadership and
Management Level 3

AAT Level 1 (Certificate in Bookkeeping)

Digital Film Editing

Logic Pro Music Production

Introduction to Web Design

Art & Design

Reflexology

Anatomy & Physiology

NCFE Level 3 Award in Education & Training

"Every day I went to class feeling motivated and found every lesson interesting. Our teacher was really experienced and knew every detail about the exam but he also showed us real examples from everyday situations. I really like this kind of teaching."

Ivan Garcia Peris, Spain



“I really enjoyed college. The teachers were very helpful and had a good attitude. They always supported and encouraged me to succeed.”

Niracha Ponsattha, Thailand

General English

Develop natural, confident English

Our year-round General English courses will help you to improve your English language skills specific to your particular level or need. Our classes are multinational and you will study alongside students who have a similar level of English to yourself.

We offer full-time options and flexible learning plans. The 20-hour option combines General English with a communication skills upgrade.

Our students range widely in age, nationality, location, background and goals. We offer everyone a supportive and effective learning environment.

Sample timetable: Full-time English lessons

Monday to Friday

15 hours per week = 5 mornings

09:00–10:30

11:00–12:30

Monday to Friday

20 hours per week = 5 mornings
+ 2 afternoons communication skills

Mornings

09:00–10:30

11:00–12:30

Afternoons

13:30–15:00

15:15–16:15

Key facts

-  Start: any Monday
-  Duration: Any length
-  Hours per week: 15 or 20
-  Entry requirements: Minimum elementary level
-  Maximum class size: 14
-  Minimum age: 16

Accredited by:

 **BRITISH COUNCIL**
for the teaching
of English in the UK

English Plus subject courses

Learn a new skill working with local students

In our subject classes, students will learn alongside British as well as international students. This provides the opportunity to further develop natural, confident English as well as progression in the specific subject. Subject classes usually take place one evening per week.



Plus Professional

Business and Management – ILM Certificate in Principles of Leadership and Management Level 3

For those wanting to move into a management role or have management responsibility but have no formal training.

Duration: September – February

End Qualification: ILM Certificate

AAT Level 1 (Certificate in Bookkeeping)

Duration: 12 weeks

Entry requirements: Good levels of numeracy and literacy. Some experience of word processing and spreadsheet software.

End qualification: AAT Level 1



Plus Education and Training

NCFE Level 3 Award in Education & Training

Duration: 12 weeks



Plus Special Interest and Career Building

Digital Film Editing

Duration: 8 weeks

Introduction to Web Design

Duration: 10 weeks

Logic Pro Music Production

Duration: 10 weeks

Art & Design (Introduction)

Duration: 10 weeks



Art & Design (Intermediate)

Duration: 10 weeks

Reflexology

Duration: 18 weeks

Entry requirements: A good standard of written English. Able to devote time to the course at home. Interview required.

End qualification: VTCT Level 3 Diploma

Anatomy & Physiology

Duration: 18 weeks

Entry requirements: A good standard of written English. Able to devote time to the course at home. Interview required.

End qualification: VTCT Level 3 Certificate

IELTS Examination Preparation

Prepare for academic success
Experienced and supportive teachers

Our IELTS examination preparation courses focus on exam techniques and strategies to help students to achieve the best possible grade.

They are suitable if students are planning to attend an academic or vocational course at any UK institution, or if planning to apply to an English-speaking university for an undergraduate or postgraduate course.

Key facts

-  Start: see dates and fees booklet
-  Duration: 8 weeks (4 weeks summer intensive course)
-  Hours per week: 15 or 20 (25 for summer intensive course)
-  Entry requirements: minimum intermediate level
-  Maximum class size: 14
-  Minimum age: 16

Accredited by:



“The course is really well prepared. Each lesson task has been really clearly planned and focused to help us understand how we can achieve the best in the exam.”

Assetou Coulibaly, France

“The course is very practical and coursework-based. The projects are enjoyable and help us develop our research skills. It’s a great environment with nice teaching staff and a friendly, welcoming feel. My aim is to do a pharmacy degree at university and this course is enabling me to achieve that.”

Bilal Zaman, United Arab Emirates

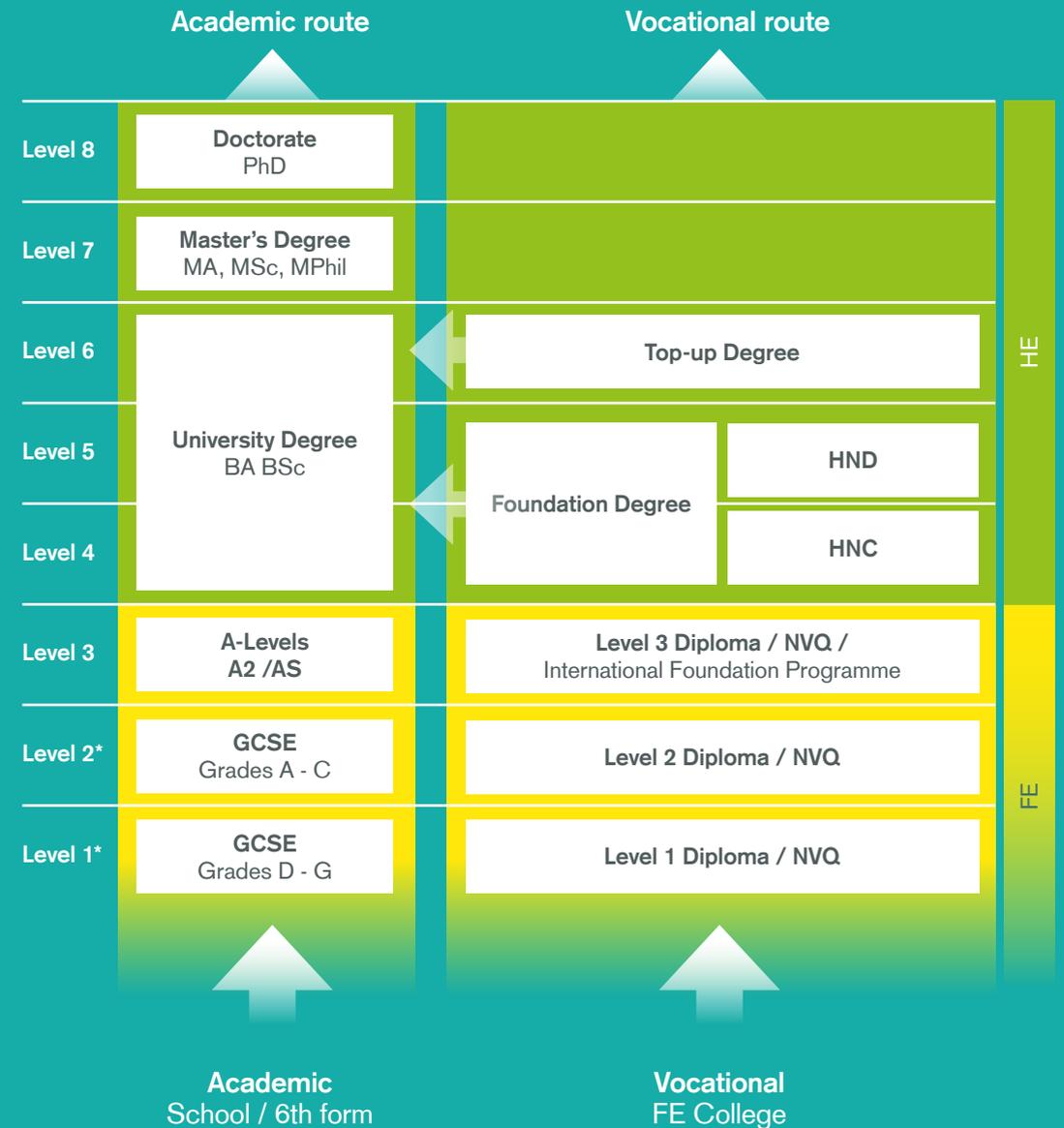
Academic and vocational

Academic programmes

A study programme at the MET is an excellent choice if you want to learn a new skill or follow a career path, or if you want to study a university-level course or progress onto university.



Making sense of qualifications



*Please note visa restrictions apply

Vocational study

Professional qualifications that lead to university or employment

Vocational courses are industry recognised qualifications which will equip you with the skills and knowledge you need to succeed in your chosen field of work or to progress onto university level study. The courses we run are vocational — this means they provide practical and industry-focused experience.

Our courses are designed to give you real-life experience and our facilities reflect that — from our industry standard training kitchens to life-size construction rigs, specialist electrical facilities, theatre, training restaurant and hair and beauty salons; many of which are open to the public and serving real clients.

Choose from the following options:

[Engineering](#)

[Aeronautical](#)

[Construction](#)

[Automotive](#)

[Sciences](#)

[Health, care and early years](#)

[Sport and public services](#)

[Art and design](#)

[Digital arts](#)

[Performance](#)

[Music](#)

[Film](#)

[Photography](#)

[Business and computing](#)

[Hospitality](#)

[Travel and tourism](#)

[Hair and beauty](#)

ual:

All our art and design courses are accredited by ual (university of arts London)



Key facts

-  Suitable for: students 16-19 years old who want to gain a vocational qualification
-  Duration: 2 academic years
-  Start: September
-  Entry requirements: IELTS 5.5 with 5.5 in writing — contact us for other specific course entry requirements
-  Final qualification: RQF level 3 (equivalent to A-Level)
-  Progression routes: Higher Education or employment

International Foundation Programme

Pre-university foundation that leads to Higher Education studies

The International Foundation Programme is a one-year academic programme designed to prepare students for undergraduate study in the UK. This programme provides academic preparation for first year entry into university, enabling students to meet the minimum English language requirement for entry to their chosen undergraduate degree programme.



Choose from the following options:

[Biomedical sciences](#)

[Business studies](#)

[Childhood and youth studies](#)

[Computing](#)

[Health and health sciences](#)

[Humanities and social sciences](#)

[Media, literature and culture](#)

[Psychology](#)

Key facts

-  Suitable for: students 18+ who need a foundation to gain entry to University
-  Duration: 1 academic year
-  Start: September
-  Entry requirements: IELTS 5.5 with 5.5 in writing – contact us for other specific course entry requirements
-  Final qualification: RQF level 3 – Access to Higher Education awarded by LASER (equivalent to A-Level)
-  Progression routes: Higher Education

Higher Education courses



University of Brighton

University level courses validated
by the University of Brighton

University-level courses focused on employability

Our high quality, professionally-focused Higher Education courses will equip students to succeed in a variety of industries. All of our courses blend academic and work related learning and cover the key knowledge and skills employers are looking for.

Each Higher Education course will prepare you for employment through access to real employers, entry to national competitions and student-led events and projects.

At the end of a foundation degree, students can choose to either graduate and find employment, or progress to a one year top-up course leading to a full bachelor's degree with honours.

The MET offers a variety of course types and qualifications. All our degree level qualifications are validated by the University of Brighton.

2-year courses	2 + 1-year degree routes	3-year courses
FdA/FdEng/HND	FdA/FdEng/HND + top-up	BA (Hons)
Two-year full-time courses at the same level as the first two years of traditional Honours degrees.	On successful completion of a two year FdA/FdEng or HND, you can 'top-up' with one more year of study to achieve an Honours degree.	Traditional BA (Hons) degree courses.

Choose from the following options:

[Art & design](#)

[Theatre & set design](#)

[Performing arts](#)

[Music](#)

[Engineering](#)

[Business](#)

[Computing](#)

[Hospitality](#)



Key facts

-  Suitable for: students 18+ who are ready for university
-  Duration:
FdA/HND: 2 academic years
Top-up: 1 academic year
BAs: 3 academic years
-  Start: September
-  Entry requirements: IELTS 6.0 with 6.0 in writing; contact us for other specific course entry requirements
-  Final qualification:
FdA/HND: RQF level 5
Top-up/BA: RQF level 6
All validated by University of Brighton
-  Progression routes:
Employment or Master's Degrees

English for Academic Purposes

Language support for students studying on Academic and Vocational programmes

Our English for Academic Purposes (EAP) programme supports students to develop and gain success on their vocational and academic courses.

The sessions will include:

Academic English

Study skills

Academic resilience

Extended essay writing

Seminar skills

Presentation and discussion skills

Critical thinking and reading skills

Research skills

Synthesis

Key facts



Suitable for: students on any academic programme



Duration: 1 academic year



Hours per week: 5



Start: September



Maximum class size: 14



Minimum age: 16

“The English classes and academic support I received as part of my Foundation Programme helped me to gain the IELTS score I needed for university.”

Jiaheng Pang, China
UAL Art Foundation



“The tutors were fantastic and the classes had a good atmosphere for studying. They have great facilities, especially the library and the support... it's just a great place to come to.”

Ayako Shimbo, Japan

Personalised Courses

Personalised Courses

Specialised and personalised courses for groups of students, employees and trainees. Our groups come from companies, colleges, universities and international organisations. Courses are carefully designed to meet the exact needs of our partners.

Whether it is English, business, British culture, marketing or work placements, we can create a course that suits the students' needs.

We provide additional services and support options including industry visits, cultural or social excursions led by our activity leaders, transport solutions and work-experience options for EU/EEA students.

A dedicated International Project Officer is available to plan and deliver personalised group courses for any size.



Here are some ideas of what we successfully deliver:

Enterprise and work course

A combination of classroom studies with practical business activities and workshops.

Culture and creative

Digital film editing combined with Brighton festival experience.

Cabin crew training

A combination of airline industry visits and career development.

English and work placement

A blend of General English, employability preparation and work placement with a local employer.

IELTS and creative arts

Preparation for IELTS alongside art workshops

Our wide range of expertise and courses allow us to offer completely personalised programmes. We will work with you and your budget to prepare and deliver a course to fit your exact needs.

Work Experience Placements

Why choose the MET for individual work experience placements?

The MET has many years' experience in organising work experience placements in Brighton. As one of the largest providers of apprenticeships in the region, we have exceptionally good links with local employers. We take great care to match meaningful and relevant work placements with students' profiles.

Key features

Established and quality placements

Wide range of sectors

Year-round (start any Monday)

Health and safety

Preparation session – introduction to work

Interview

Support visits

International services and social programme

Only four-week lead-time to placement

Subject to English language level, previous experience, age, length of stay and availability. Students must be eligible to work in the UK.

Available to EU/EEA students

Job sectors include:

Accounting and finance

Agriculture

Business administration

Catering

Charity work

Computing

Construction

Digital marketing

Electronics

Hospitality

Manufacturing

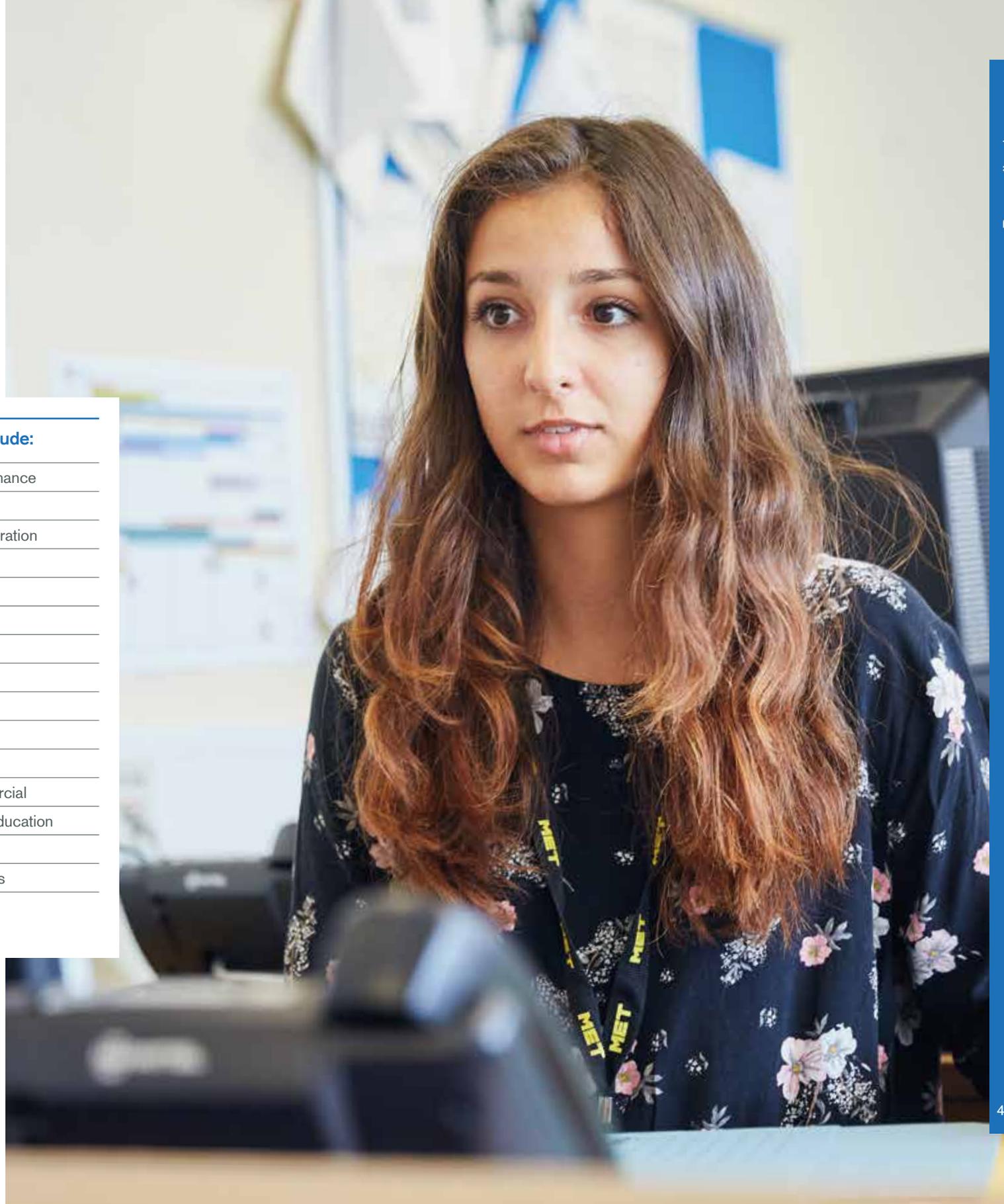
Retail and commercial

Social care and education

Travel and tourism

Veterinary services

And more



Teacher Training for English Language Teachers

Teacher training courses address the needs of language teachers at all levels of experience. Teachers will develop their classroom skills, knowledge and confidence through engaging in interactive workshops combining both theory and practice.

Depending on participants' needs and interests, training courses may cover a broad range of topics such as:

Language acquisition

New teaching methodologies

Lesson planning and staging

Materials design

Peer observation

Using technology

Our team of Teacher Trainers can develop comprehensive programmes featuring face-to-face input sessions, blended learning, written assignments and observation tasks.



Teacher Training – CLIL

The Content and Language Integrated Learning (CLIL) course aims to clarify and '*demystify*' the concept of CLIL and to focus on specific areas of language development for classroom management and instruction. We demonstrate teaching techniques which are transferable to a variety of subjects across the curriculum. We also show how published and authentic materials can be adapted for CLIL lessons.

The course includes practical sessions on preparing CLIL micro lessons and delivering these lessons to the trainer and peers to put learned methodology and new ideas to practical use. All participants will then receive feedback.

“Friendly staff, interesting lessons and activities, amazing host family, a lot of fun. It’s been an unforgettable experience!”

Enzo Laserpe, Italy

Student services

Student services and support

Academic success and the personal wellbeing of our students is at the heart of everything we do. We provide a caring environment and a range of services to prepare international students to come to the UK. These include:

Pre-arrival

Academic guidance: Advice on the best courses to help students achieve their future study or career plans.

Info pack: Valuable information to help students prepare for life in the UK.

Visa help: Personalised advice on visa application and travelling arrangements.

On arrival

Full induction: A programme designed to make students feel welcome and part of the college community

Welcome pack: Materials for lessons, and useful maps and information about Brighton.

Practical tips: Advice on banking and finance, doctors, wellbeing, making friends and much more.

During your course

Regular tutorials: Teachers monitor students' progress and help support their learning goals.

Personalised welfare support: Support to deal with any problems students might encounter during their stay.

24-hour emergency phone line: Help outside of office hours.

Advice for university applicants: Information on Higher Education options and UCAS

Dedicated careers team: Free advice and guidance on writing a CV, looking for work and interview techniques.

Regular enrichment activities: A programme to help students meet new people, experience Brighton and develop their language skills.

English for academic purposes: Five hours per week (term-time) for students studying on academic and vocational programmes.

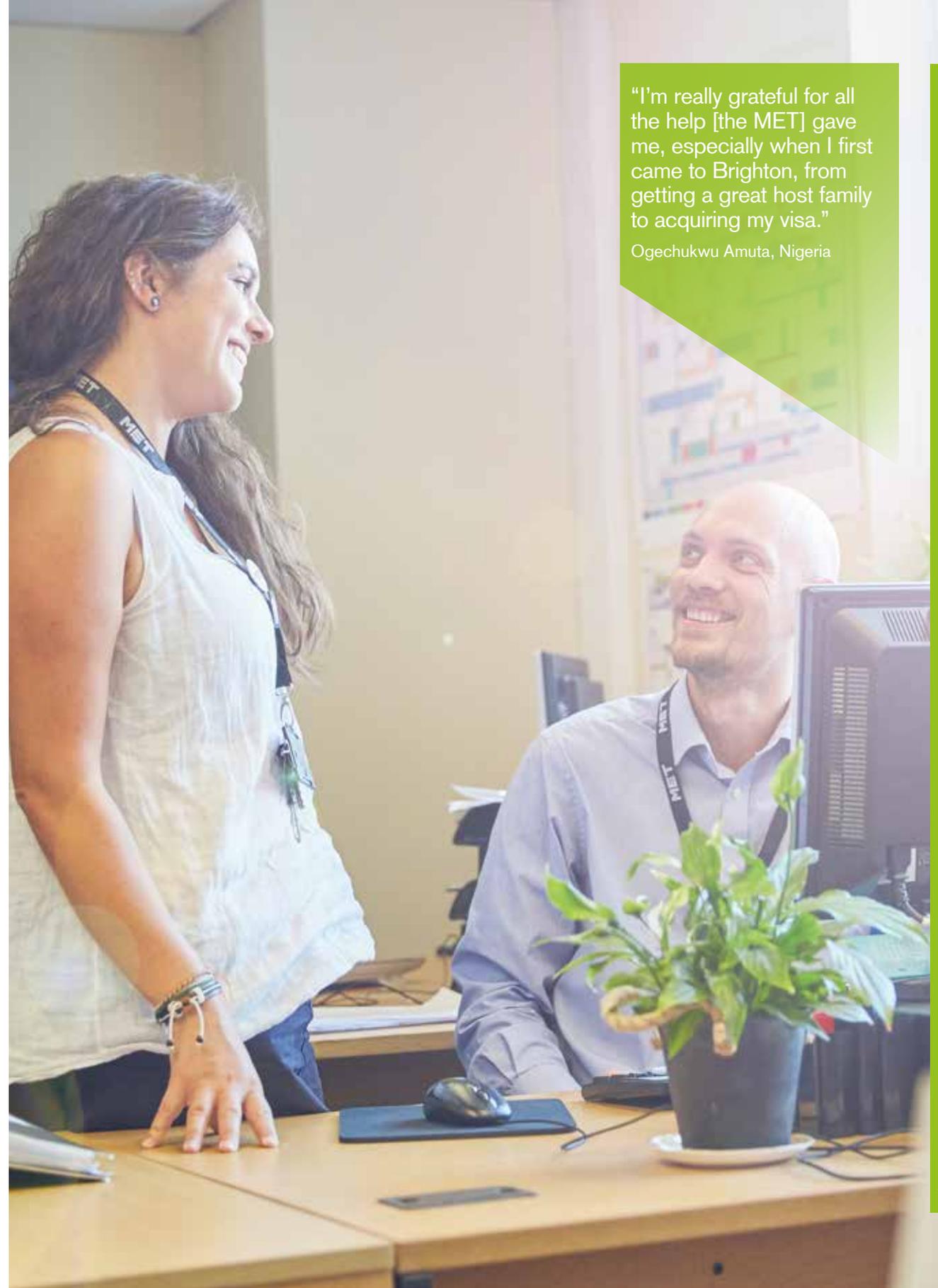
International students under 18

We welcome students aged 16 and 17. We have a responsibility to provide a safe and healthy learning environment for all our students and staff, but especially for students under the age of 18 and vulnerable adults. Please visit our website to view our full care of under 18s policy.

International students with special educational needs and disabilities

We welcome applications from students with special educational needs and disabilities. Applicants are encouraged to contact us in advance if they feel they may need additional support.

Please visit our website policies page to view our full accessibility statement.



"I'm really grateful for all the help [the MET] gave me, especially when I first came to Brighton, from getting a great host family to acquiring my visa."

Ogechukwu Amuta, Nigeria

“My hosts have been very kind to me and we had a lot of good times. We had meals together and they always involved me in conversation, I learnt a lot about the UK from talking to them.”

Gaia Laserpe, Italy

Accommodation

We understand that accommodation is an important part of a student's stay and that they should be happy and comfortable with whatever choice they make.

All of our accommodation is thoroughly checked and monitored in accordance with the standards set out in the British Council's Accreditation UK Scheme. We visit all of our hosts and accommodation providers and aim to place our students in a home that suits their preferences.

Most accommodation options are located within 30 minutes travel distance to the MET.

Homestay accommodation

A homestay will provide students with the perfect introduction to life in the UK and can help them to improve their English. Students will be immersed in a local household and learn about British culture in a welcoming and comfortable environment.

Homestays normally offer single rooms and shared bathroom facilities. Twin rooms are available for students travelling together.

We offer two homestay options:

Half board

This option includes breakfast and dinner provided by the host. Meal times can be a perfect chance to practice English. The student will be treated as a member of the household and will be interacting with the host on a daily basis. This a great option for students under 18, or students who are not very confident with their English.

Self-catered

This is a great option for students who want to take the first steps towards independence but would still like the comfort of a homely environment. Students spend time with a host but have the freedom to buy and cook their own meals. Self-catered accommodation is only available to students aged 18 or over.

Student houses

A student house is a great option for those who want to be independent and share a house with other international students.

Student houses normally offer comfortable single rooms and shared kitchen and bathroom facilities. This option gives students the chance to socialise outside the classroom whilst learning to live in a shared space. Student houses are popular with students who are more confident with their English and will give them the chance to experience an independent student lifestyle in the city of Brighton. Student houses are only available to students aged 18 or over.

Other types of accommodation

A range of guesthouses, hotels, residences and other accommodation types are available in Brighton at different times of year and lengths of stay. Please contact us for details.

Student life at the MET

The MET is so much more than a place to study!

We offer a range of leisure and sports activities to encourage students to meet new people, make friends, practice their English, get to know Brighton and settle into life in the UK. International students are also welcome to join the general college sports and enrichment programmes offered during term time.

The MET social programme is organised and led by MET staff. Some of the activities include:

Visits to local places of interest:

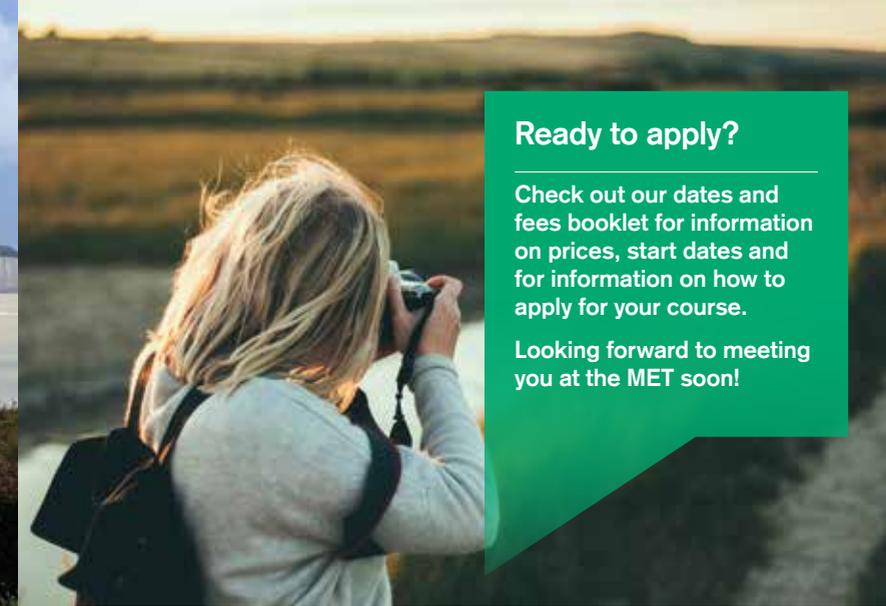
Seven Sisters, Lewes, Royal Pavillion and much more!

Social activities:

International meet-ups, pub nights, beach barbecues, laser tag, bowling

Sport activities:

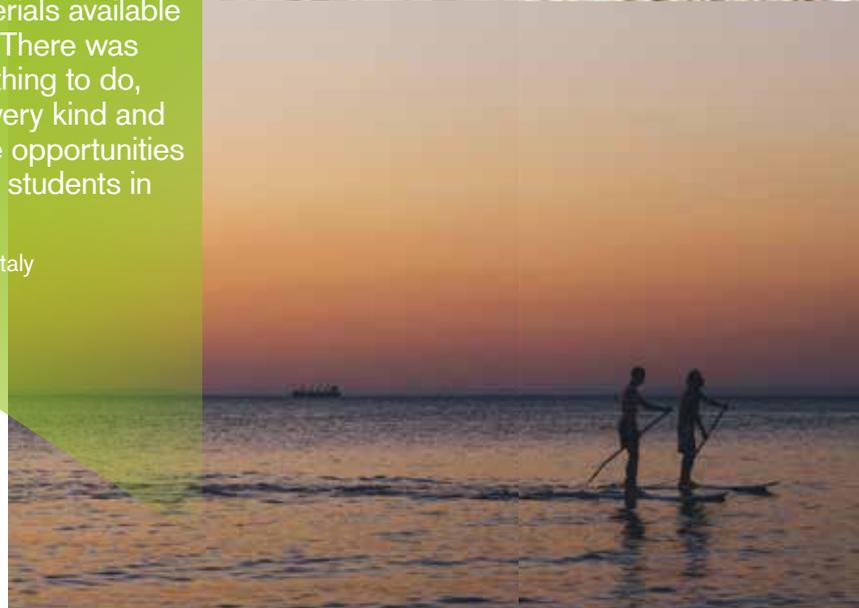
Beach volleyball, football in the park, kayaking, yoga, table tennis



Ready to apply?
 Check out our dates and fees booklet for information on prices, start dates and for information on how to apply for your course.
 Looking forward to meeting you at the MET soon!



“Before starting my course I was nervous I would not be able to learn but the teaching methods are really good and there are so many materials available in the library. There was always something to do, the staff are very kind and always create opportunities to meet other students in the college.”
 Teresa Calzone, Italy



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